

Characteristics and types of goals.

The feature of goals gives an idea of what should be our goal. In a previous article we talked a bit about the need to have goals. Without goals life becomes like a vicious circle. The purpose brings meaning to every action. Whatever your goal is. She paints every step in your life in the color of your goals as banner of victory is painted in the color of the coat of arms of the one whom this banner is.

We can have different types of goals to set goals in different areas of our life: physical, spiritual, psychological, financial, family, career, social. No matter in what field the selected destination, it has certain characteristics.

1. The goal should be great. Why? Imagine the mountains. You look at them and what you can close that back. But if the mountain is huge, as the picture, it will not be able to close any obstacles. And goal. If it is large, the difficulties faced on the way, will not be able to cover it from your view.

In addition, a large purpose can inspire people a lot stronger than some little daily care, such as the repayment of payments or the accumulation of the next sum in the Bank. If this was not worth something more, it won't inspire you to get up and do.

2. The goal should be long-term. We are not talking about the goals for each day or year. But about the purpose for life. You should know that even when you die, the project to which you aspire, will continue to exist and develop. Because if your goal is short term, then rising to the top, you will understand that you have a problem. You have nowhere else to strive for. Believe me, that is one of the most unpleasant sensations for a man accustomed to go.

3. The goal should be specific. If your target looks like a blur and you have a vague idea about what you actually want then it would be possible not to set goals in General, the result will be the same. You cannot set a goal: "I Want to be rich". Wealth is a very relative concept. In the tribe of Papuans rich is the one with three wives. You want to have such wealth? If you want to have a home, then you should be, how many rooms, what his roof, how many floors, the pool, the cost, etc., Specificity will help you create and action plan.

4. The goal is to be your. Don't set yourself goals that you someone imposes, convinces and inspires to deliver. When the inspiration pass, you will immediately see that you are not interested in the goal, then achieving it will turn you into a torture every day. If the target does not warm you, regardless of outside inspiration and persuasion, it is not your goal. Understand what it is you want and set goals in accordance with your interests, your nature, your vision.

5. The goal should be achievable. We talked about what the goal should be big. Yes, it is. But at the same time, it should be really achievable. If you set a goal to make a million dollars in three months without skills in business and Finance, then you not simply [who can write my essay](#) will not earn, but will receive a big disappointment and ridicule of friends (don't say friends, because real friends wouldn't laugh at the defeat of the other). Setting a goal, assess your abilities, capabilities, voltage that would be needed to achieve required time and begin to act.

We briefly reviewed the types and characteristics purposes. Read more about each of them and about what distinguishes a goal from a dream, we will discuss in the following articles.